

**Campus Wellness Plan**  
**Normandy Crossing Elementary**  
**2024-2025**

Federal Public Law (PL 109-265 Section 304) states that all schools must develop a local wellness policy that involves parents

students, a representative from the School Food Authority, school board, school administrators and the public. The Local Education Authority (LEA) will establish a plan for measuring implementation of the local wellness policy.

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- The campus will follow the guidelines established by the USDA and TDA to assure that all meals served will meet nutritional and safety standards to protect the health of students, staff and parents from food borne illness. All school parties/celebrations will be scheduled during the last hour of the day to avoid replacing a nutritious lunch with classroom celebrations limited to 2 hours. Food allergy guidelines will be upheld/adhered to by all staff &

students.

- NCE will provide pleasant and positive mealtimes so that students will enjoy eating in a relaxed environment where students feel safe. Students will be encouraged to socialize while observing proper conduct and voice levels.
- As a reinforcement to ensure that we set good standards vending machines are no longer available for students to purchase snacks and sugary beverages e.g. cokes and fruit juices.
- USDA meal requirements: students must take at least ½ full serving of fruits or vegetables.
- The cafeteria will post nutritious information on its walls including fruits, vegetables, bread/grains, and proteins.

Plan de bienestar del campus  
Primaria Cruce de Normandía

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La Ley Pública Federal (PL 108.265 Sección 204) establece que todas las escuelas deben desarrollar una política de bienestar local que involucre a los padres, los estudiantes, un representante de la Autoridad de Alimentación Escolar, la junta escolar, los administradores escolares y el público. La Autoridad Educativa Local (LEA) establecerá un plan para medir la implementación

- El programa Backpack Buddy es proporcionado por el Banco de Alimentos de Houston. El programa funciona proporcionando alimentos nutritivos y adaptados a los niños para que los escolares se los lleven a casa durante el fin de semana.

### Actividad Física/Educación

estudiantes bienestar y promover la conciencia sobre la salud durante las actividades de clase y

administrador e implementar sesiones de asesoramiento individuales y grupales según sea

necesario.

- El distrito escolar y cada campus tendrán un Consejo Asesor de Salud Escolar activo que apoya

iniciativas relacionadas con la salud y el bienestar de los estudiantes a través de la